TEEN VALUES
CARD SORT

- Ask client to sort the cards into 3 piles
- Ask them to elaborate on each ‘Very Important’ value – Reflect
- “What I’d like you to do now is take each of those and tell me whether you think what’s going on in your life now (as a general way to ask), your drinking/use (if there’s a specific target behavior being discussed) is having a positive/negative/or neutral impact on that value. Does that sound ok?”
- Summarize everything you heard them say
- Ask them to elaborate on each value under ‘Not Important’ then reflect, repeat process for ‘Important’ category.

Not Important To Me (red)

Important To Me (yellow)

Very Important To Me (green)

Good Student

Disciplined

Healthy and Fit
<table>
<thead>
<tr>
<th>Characteristic</th>
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</thead>
<tbody>
<tr>
<td>Respected at School</td>
</tr>
<tr>
<td>Strong</td>
</tr>
<tr>
<td>In Control</td>
</tr>
<tr>
<td>Responsible</td>
</tr>
<tr>
<td>Good To My Parents</td>
</tr>
<tr>
<td>On Top of Things</td>
</tr>
<tr>
<td>Athletic</td>
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<tr>
<td>Competent</td>
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</tbody>
</table>
Confident

Spiritual

Energetic

Respected at Home

Mature

Successful

Independent

Popular
Creative

Attractive

Helpful To My Peers

Good To My Brothers and Sisters

Appreciative of Humor

Friendly

Kind

Other